



Ganbat and Monkho receive their hygiene kits and vitamin C in Tsagaannuur



Nomadicare.ORG

Nomadicare supports and preserves traditional Mongolian nomadic culture through healthcare, films, and stories.



# Nomadicare 2022

Dear Friends,

At the Nomadicare board meeting this past March, advisors sat in silence asking for guidance for the next year. They got that with Covid in China on one border and Russians at war on Mongolia's other border, it would not be a good idea to go there in the summer.

*Marrying Mongolia, A Memoir* by Nomadicare director Sas Carey will be released in January!

In Mongolia, Nomadicare assistant Anuka purchased and distributed our hygiene kits and vitamin C to each of nearly three hundred taiga families.

In the US, we focused on presentations and film festivals for *Transition* and *Gobi Children's Song*, archiving photos and video clips, selling antler amulets from our Etsy store, and spreading Nomadicare locally.

Audiences are learning about Mongolian nomadic life from our work as our movies are screened on five continents.

Please continue to support us with whatever you can, as we promote understanding of diverse people and lifestyles. Peace comes from this core.

Wishing peace and health for you.

With great gratitude,

Sas Carey

# Marrying Mongolia Soon Released



*Marrying Mongolia, A Memoir* will be released in January! Publishing Company: International Polar Institute

"Sas Carey has climbed mountains, swum across lakes and rivers, and slept on the ground of three continents. She has ridden planes, trains, cars, bikes, boats, horses, camels, and reindeer. A Quaker, Sas is an award-winning documentary film director, author, spiritual healer, registered nurse, mother, and grandmother. Relaxing in her gazebo in Vermont, she dreams of her next adventure."

"As child of the '50's, Sas Carey was raised to marry and rear children. She did that. Further fueled with a lust for life and an independent streak, she learned that she did not need to devote herself to a single person to substantiate herself. Her story is one of empowerment by overcoming expectations. She found a way through love and heartache that eventually led to transcendence. Sas became a healer of body and soul, and learned that her power came from following her own path."

Thanks to Peter Mittenenthal, the publisher, designer, and creative guide. To Claudia Cooper and Shebana Coelho for editing and Susie Cronin for sponsoring the book. For a long list of helpers, check the acknowledgements at the end of the book.

*Marrying Mongolia* will be available in January 2023 through Amazon and from the author.

## How can you help during this time?

### *What is needed:*

\$50 vitamin C for Dukha herders (need 6)

\$100 hygiene kits (need 5)

*You may give any amount.*

Donate to  
Nomadicare through  
Ecologia

Donate Online  
[www.nomadicare.ORG](http://www.nomadicare.ORG)  
or directly through PayPal.



### Checks

Please make your tax-deductible gift out to our 501(c)3 fiscal agent Ecologia, write "Nomadicare" on the memo line, and mail it to

Nomadicare  
248 Washington St. Ext.,  
Middlebury, VT 05753.

### Securities

We maintain a brokerage account for the purpose of accepting donations of securities. Please contact Nomadicare's fiduciary agent, Carolyn Schmidt of ECOLOGIA.

[cschmidt@ecologia.org](mailto:cschmidt@ecologia.org)  
1-802-623-8075.

### Purchases

If you order from Amazon by using AmazonSmile and choose Ecologia for the non-profit recipient, a small percentage of your purchase will be donated to Nomadicare.





*Batchuluun with Urna in the West Taiga*

## Plans for 2023

### Book Tour

Sas will be available to give a reading from her book *Marrying Mongolia* along with a screening of a Nomadicare documentary of your choice. Please contact Sas to schedule a time.

### Mongolia Project

Nomadicare will be communicating with reindeer herders to see what is needed. Another movie, maybe? Healthcare? We'll see.

## Archive

Nomadicare now has a hard drive with all of our 16,000 photos organized by year and date. It has been very helpful for choosing photos for the book *Marrying Mongolia*. The next step is organizing video clips. And then providing the archive to various institutions in Mongolia and the US.

Help us preserve, distribute and archive our materials. Please let us know if you have contacts who could help us with this.

## Reindeer Antler Carving

We buy antler amulets and carvings from the Dukha reindeer herders who have gathered them from the forest floor after the reindeer drop them naturally and carved them by hand. The herders use the income for rice and flour. When we sell them, 100% of the funds go to Nomadicare.

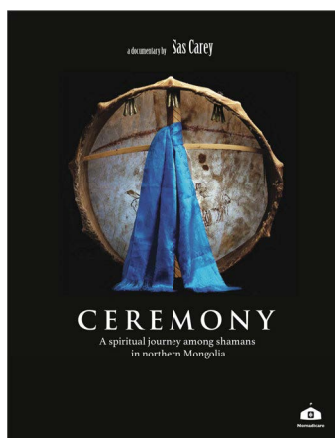
[Nomadicare Mongolia's Etsy](#) store has been busy selling antler amulets and carvings from the Dukha reindeer herders and is preparing for the big reindeer season coming up.



A film about modern day nomads of northern Mongolia

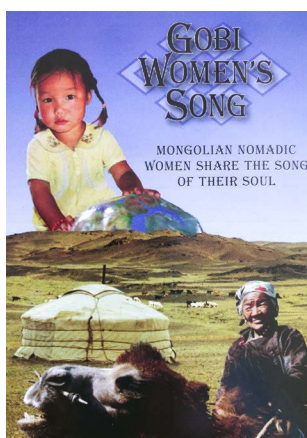
### Migration

<https://vimeo.com/ondemand/migration>



### Ceremony

<https://vimeo.com/ondemand/ceremony>



### Gobi Women's Song

<https://vimeo.com/ondemand/gobiwomenssong>



### Transition

<https://vimeo.com/ondemand/transitionvod>



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**Middlebury, VT**  
**05753**



## **Presentations**

Covid has still been around, so most presentations have been nearby or virtual.

### **March UN Conference on the Status of Women:**

*Mongolia Nomadic Women Leadership in Health & Culture Preservation*  
(virtual) <https://vimeo.com/529437705>

### **June Radio Show on Indigenous Perspectives with Randy Kritkauskay**

<http://www.healthylife.net>

<http://www.ecologia.org/news/8-Shamanism.pdf>

**August Talk Central Vermont Unitarian Universalist Society,**  
Middlebury, Vermont, "Spiritual Calling to Mongolia"

**September Talk on Mongolia nomadic stories and traditional clothes**  
as part of the Sheldon Museum Collectors' Exhibition

### **Screenings attended to give Q&A for *Gobi Children's Song***

May DOXA Documentary Film Festival, Vancouver, British Columbia

August MidCoast Film Festival, Maine

October Prospector International Film Festival, Ridgefield, Connecticut

October Charlotte Library, Vermont Screening Migration with Q&A

Our latest films *Transition* and *Gobi Children's Song* have received 50 laurels for film festival selections and awards on five continents.

*Mongolian clothing display at the Sheldon Museum, Middlebury, Vermont*