



Sas at the Library of Congress exploring the collection of Mongolian books in May.



Nomadicare.ORG

Nomadicare supports and preserves traditional Mongolian nomadic culture through healthcare, films, and stories.



Nomadicare 2023

Dear Friends,

After a three-year hiatus, I traveled to Mongolia this summer. My goal was to interview the protagonists in our movies. Anuka, Nomadicare's assistant, and I went to the Gobi to visit Naraa from *Gobi Children's Song* and Altijin, who was born on our first feature movie *Gobi Women's Song*. Over the phone we interviewed Khongoroo's mother and daughter who were in our most recent feature movie *Transition*.

Anuka organized the hygiene kits and vitamin C and D delivery for 300 Dukha reindeer herders. They were very grateful, saying the vitamins help sustain their health in the cold climate.

Our goal for Nomadicare for the next year is to share the books and films. We are also working on the archive. Books, trailers, and documentaries are available at nomadicare.org.

The herders provided us with new antler carvings and amulets for Nomadicare's online store at Etsy at www.etsy.com/store/nomadicaremongolia. 100% of the profits go to Nomadicare.

Thank you for your generous support for Nomadicare to help us spread the unique lifestyle of Mongolian nomadic herders around in the world.

With great gratitude,

Sas Carey

Presentations 2023



Sas presenting in Ulaanbaatar

I was honored to be invited to present at libraries and museums as diverse as Smithsonian Institution and the Ulaanbaatar Public Library in Mongolia. Here is the schedule.

JANUARY

Mongolian Nomadic Life. Sheldon Museum in Middlebury

FEBRUARY

Marrying Mongolia Book Launch in Middlebury

APRIL

Marrying Mongolia book talk and screening *Gobi Children's Song* with Q&A. Ilsley Library, Middlebury
How Nomads Live in Mongolia Today, Rotary Club, Middlebury

MAY

Marrying Mongolia Book Launch. XV Annual Mongolian Studies Conference, Smithsonian National Museum of Natural History Institution, Washington DC sponsored by the Mongolian Embassy

JULY

Book launch and screening *Transition* American Corner of Ulaanbaatar Public Library, Mongolia sponsored by the American Center for Mongolian Studies

OCTOBER

Marrying Mongolia book talk with screening *Gobi Children's Song*. Peacham Vermont Public Library
Marrying Mongolia book club discussion. Vermont National Country Club

NOVEMBER

Book talk and screening *Gobi Women's Song*. The Residence at Otter Creek, Middlebury

DECEMBER

Screening of *Ceremony* at The Residence at Otter Creek, Middlebury

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Nomadicare through
Ecologia



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www.nomadicare.ORG
or directly through PayPal.

How can you help during this time?

Checks

Please make your tax-deductible gift out to our 501(c)3 fiscal agent Ecologia, write "Nomadicare" on the memo line, and mail it to

Nomadicare
248 Washington St. Ext.,
Middlebury, VT 05753.

Securities

We maintain a brokerage account for the purpose of accepting donations of securities. Please contact Nomadicare's fiduciary agent, Carolyn Schmidt of ECOLOGIA.

cschmidt@ecologia.org
1-802-623-8075.

What is needed:

\$50 vitamin C for Dukha herders
(need 6)

\$100 hygiene kits
(need 5)

You may give any amount.



Naraa (center) poses with her family in their summer ger.

Goals for 2024

Continue to support and preserve traditional Mongolian nomadic culture

Find a home for our archives

Continue to support the Dukhas

Give talks, screen movies, and distribute books

Mongolian International Airlines plans to add our film *Migration* to their in-flight choices.

Summer 2023

Imagine if you could create documentaries and then return years later to see how people fared. This is what I did this summer. The four feature films and two shorts all had one purpose: to preserve nomadic culture for Mongolians and the world. Altjin, Naraa, and Khongoroo's families are at different stages of moving from that lifestyle.

In 2001, Dulma, a nomadic herder, gave birth to Altjin. In *Gobi Women's Song*, the family was nomadic, moving with their camels, sheep, goats, and horses. Today, 22 years later, the family is sedentary in four gers in one hashaa in the South Gobi capital Dalanzadgad. They work for a copper mine now. Altjin is the childcare person for the family.

Dr. Khongoroo, was the protagonist of *Transition* filmed in 2018. In the documentary, she had been traveling between her birthplace in the taiga and Ulaanbaatar for work. In an interview with her mother, we found out that only her brother, a nomadic reindeer herder, still lives in the taiga.

In our most recent short film, *Gobi Children's Song*, shot in 2018, Naraa and her family lived in a ger and raised camels, goats, sheep, and horses. Today they have built a house on the site of their winter camp. During the school year, the children go to school in Dalanzadgad, living with their mother and grand-

mother. The whole family still herds and moves with the animals during the summer. Their father herds all year round. When I interviewed 14-year-old Naraa, who had received burn scar care in Boston with the help of many of Nomadicare's donors, she responded in very good English. She has a dream of attending Harvard University, a place she visited while getting treatments.



Altjin, born in the documentary *Gobi Women's Song*, now has a son of her own.



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Eleanor Ott

In Memorium

Nomadicare lost two of our most important supporters this year.

In 1994, Jean Arrowsmith had the idea I needed to go to China and Mongolia to learn about Eastern healthcare and gave me funding for the trip. In return she got seven years of energy healing treatments. I was honored to be with her when she died peacefully in October at the age of 97.

The impish Eleanor Ott, 86, an ethnologist and shaman, led Nomadicare as a board member, serving for 12 years. I always appreciated her intuitive thinking. One time I called her from Mongolia to ask if I should buy a shaman drum offered to me. She said, "Don't feel guilty if you don't get it, but feel guilty if you don't get it." I got it.



Jean Arrowsmith