



Nomadicare 2015



Nomadicare documents Mongolia's indigenous culture and supports nomads' health.

"I fully support Nomadicare as it seeks to preserve Mongolia's nomads...If they are to survive as a culture, nomads desperately need health care close to home."

- Jane Goodall

Top picture: Reindeer and herders migrating from the spring camp to the summer camp in 2014

Dear Friends,

May you have a joyful holiday season!

Nomadicare's work in Mongolia continued during the past summer without me. I rested and asked questions in meditation about the future need for support for nomads. Our team delivered vitamin C and hygiene kits to the Dukha reindeer herders, books to bookstores, and gave help as needed. In Vermont we focused on editing our documentaries *Ceremony* and *Migration*.

This fall, our work has come back full force! Our focus is Outreach and Education. With the book and documentary, *Ceremony*, I have traveled, sharing nomadic life with audiences from the Jesup Library in Bar Harbor, Maine to Catamount Arts in St. Johnsbury, Vermont, from the University of Chicago to the George Washington University, the Smithsonian Institute, and the Embassy of Mongolia in Washington DC.

"I am grateful for your noble deeds and accomplishments. It is far beyond the promotion of Mongolian history, culture and tradition in the USA. It indeed serves to deepen the understanding between the peoples of our nations and future generations."

Altangerel Bulgaa, Mongolian Ambassador to the United States

With that wonderful endorsement and the answers in meditation that there is work to be done, in 2016 we will continue to interact, advocate, support, and validate the lives of nomadic herders.

I hope you feel harmony with the spirit of Nomadicare and renew your commitment by donating.

With gratitude to each of you for the honor of doing this work,

Sas Carey, RN
Director



Sas Carey answers questions after showing Ceremony at Jesup Library in Bar Harbor, Maine

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www.nomadicare.org

Nomadicare - A project of Ecologia 501(c)3 non-profit.



PLANS FOR OUTREACH



Dukha returning from wood gathering

Migration Documentary

“When spring comes, the reindeer get too hot and start moving up hill. They start, we follow,” says Tsetsegmaa in *Migration*. Watching the documentary, you will ride a reindeer with the Dukha of Mongolia on their annual spring migration. This film preserves the lives of one of the few groups still migrating today. No directions were given. Nothing was staged. The documentary immerses the viewer in a migration with Dukha reindeer herders in northern Mongolia as they move from the spring camp in the taiga forest to the their summer camp in the tundra, a change necessary for the sustenance of their reindeer. It will be released in 2016.

Ceremony Documentary

For years now, Nomadicare has been creating educational materials and now is the time to share them! This fall Sas has been on a tour with the documentary *Ceremony* from Maine to Washington, DC and to Chicago. It has been rewarding to hear the questions and comments after the screening, some from Mongolians. Are there shamans in other parts of the world? Are there new shamans in Mongolia? Why are you doing this work for my country? After the screening, Mongolians have been excited to buy *Reindeer Herders in My Heart* in Mongolian!

Ceremony



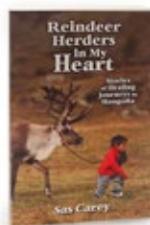
45-minute documentary in Mongolian and English with English subtitles. 2015.

\$25 including S+H.

“A lot of documentaries tell you more concerning a subject you know, but this one opens a world that would otherwise be unimaginable for most Americans.”

~Ed Barna, Middlebury

Reindeer Herders in My Heart



Please consider a reindeer (book) for those on your Christmas list. See the book video on YouTube. Available in English and Mongolian. 216 pages. 16 photos.

\$18.95 + \$5 S+H

*Now downloadable on Kindle
Available on Amazon*

Gobi Women's Song



73-minute documentary with 9-minute update in Mongolian and English with English subtitles. 2006, 2011.

\$25 including S+H.

Now Available on Amazon



Order at the Nomadicare mailing address or with Paypal from the website. Proceeds support Nomadicare's work.

PLANS IN MONGOLIA



Shamans

Search for answers to some of the questions that came up during the screenings of the movie Ceremony, such as: What is the role of shamans in other parts of Mongolia today? Are they increasing or decreasing in number? How do modern people use shamans in Mongolia? What kind of health care do herders choose?

Steppe Nomads

Document a year in the life of a nomadic family on the steppes. Nomadicare's assistant and interpreter Chimidee will take pictures and videos of her parents while they herd sheep, goats, and horses. We will provide a camera for documenting steppe life with its challenges and joys.

Health care

Continue to provide vitamin C and hygiene kits to Dukhas. Consult with the local doctor to determine any needs so that Nomadicare can help.

Archive

Add a way that the subtitled interviews can be shown on the web, making it accessible to researchers. There are 21 years worth of material, from when Mongolia first became a democratic country. In the early years, there was very little documentation.

Impact of tourism

Begin a study on the impact of tourism on nomadic life. Anthropologist Jeannie Hatcherson has agreed to lead this work. This will be grant funded.

www.nomadicare.org/donate

Please donate to support our 2016 projects!

Tax-deductible contributions of any size are greatly appreciated. You may send a check made out to: Nomadicare or click on the Donate button to use Paypal through our website.

\$50	Hygiene kits for nomadic families (need 10)
\$100	Vitamin C for Dukha nomads (need 5)
\$500	Sponsor film festival entries for Migration (10 x \$50)
\$1,000	Horses for transportation to taiga
\$2,000	Interpreter 50 days x \$40
\$3,000	Panasonic GH4 plus lens
\$5,000	Website
\$10,000	Outreach and education
\$20,000	Archivist





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Nara from the Gobi Desert



Nara, now six, sends a picture she made, with a note of love

As of Thanksgiving Day, Nara, her mother Orkhon, and translator Chimidee are in Boston so that Nara can have burn scar treatment at Shriners Hospital. For three months, she will get the scars stretched by laser treatment.

You will remember that in 2013, one year after her first surgery procedures at Shriners Hospital, Nara was running without pain at her *ger* home in the Gobi Desert. Burn scars do not grow the way skin does, though, and Nara again has pain when she walks.

Would you like to be a sponsor of her treatment?

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